

# HOW TO STOP UNWANTED CALLS AND TEXTS



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# How to Stop Unwanted Calls and Texts ON A CELL PHONE



See what built in features your phone offers in the **settings menu**, both Android and Iphone, to **filter unknown numbers**.



See what **call-blocking** and **call-labeling** services your carrier offers.



## Download a call-blocking app.

- some apps are free, but others charge a monthly fee.
- some apps will access your contacts, but others like **Hiya** can block numbers not included in your contacts.
- calls might be stopped, ring silently, or go straight to voicemail.
- Don't reply directly to or click on any links from a spam text message.
- Forward spam text messages to **7726** (spam).

# How to stop unwanted calls **ON YOUR HOME PHONE**



See what **call-blocking** and **call-labeling** services your carrier offers in addition to what is already included on your phone.



**Have a traditional landline that doesn't use the internet?**

Install a call-blocking and call-labeling device.  
(Not sure? Ask your carrier.)



**Is your carrier an internet or VoIP provider?**

Look into internet-based call-blocking and call-labeling services.



Some services are free, but others charge a monthly fee.



Register for the national **Do Not Call** registry at [donotcall.gov](https://www.donotcall.gov). Be sure to also register for the **Mississippi No Call** list by downloading the **MS No Call** app or visit [psc.ms.gov/nocall/home](https://psc.ms.gov/nocall/home).

Learn more about unwanted calls and what to do about them at [ftc.gov/calls](https://ftc.gov/calls)

Report unwanted calls to [consumer@ago.ms.gov](mailto:consumer@ago.ms.gov)